

Getting Started is Easy



Call our office



Schedule online



Complete intake forms



Begin your care

Take the first step today.

Your mental wellness matters.

Contact Us:



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www.azemindandwellness.com



AZE Mind and Wellness Center

Navigating Paths to Mental Wellness

- Compassionate Mental Health Care
- Medication Management
- ADHD Testing
- Insurance Accepted
- Telehealth Available



Welcome to AZE

Struggling with Anxiety, Depression, ADHD, Mood disorder or feeling overwhelmed? You are not alone.

At AZE Mind and Wellness Center, we provide personalized mental health care in a supportive and respectful environment. Our goal is simple. Help you feel better, function better, and move forward with confidence.

We offer both in person and telehealth appointments for your convenience.



Our Services



Psychiatric Medication Management

Careful evaluation and ongoing medication support



ADHD Testing and Evaluation

Clear answers and structured assessment



Psychotherapy

Practical tools to manage stress, emotions, and life challenges

We treat:

Anxiety

Depression

ADHD

Mood disorders

Insomnia

PTSD

OCD



Insurance and Payment

We accept major insurance plans including

- Aetna
- Blue Cross Blue Shield
- Cigna
- UnitedHealthcare
- Optum
- Medicaid
- Medicare

Self pay options available

Co pays and balances are due at the time of service.